

THE SYNERGY OF THE UNIFIED HEART



BY CORRINA DAWN STEWARD

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The Way to Unity Consciousness

“Follow your heart.” These are words that many would love to live by. And many of us do until the familiar doubts and insecurities remind us of our limitations. But what if it were really possible? What if it were the most natural thing to do? Our evolving humanity and Earth are making it possible. Over the course of a year, the blueprint for how to “follow your heart” was unveiled to me through a series of “downloads.” These downloads came as packages of information or higher consciousness that speaks from the experience of knowing the function of the heart in a consciousness field of unity where all things are connected. This is a gift for humanity presently living in duality. It tells us what to expect from living consciously with the oneness of all things, a reality that already exists.

The unified heart is available to you now. You realize this truth as the *separation of the heart*, the barrier that blocks us from our unified heart, dissolves. Duality, the experience of living through the cause and effect pattern of life, is only one foundation for creation. As a collective species, we decided on this creation pattern, which served us well enough for a period of time. Today, this pattern is no longer highly functional. Our creations reflect the limitations of duality that are primarily mind or emotional body creations. They relive all our past creations from domination over nature to power and control of a few over the whole. Eventually, duality breaks down from the very limiting beliefs it’s based on. These limiting beliefs are: scarcity, fear, and separation. In duality, abundance cannot exist without scarcity; love without fear; and unity without separation. Collectively, the abundance to be had, the love to hold and the unity to know is becoming more and more difficult to grasp. It’s as if the air is leaving the room, and we can barely breathe. This is literally what’s happening! The life force by which we have lived to fulfill our needs is waning.

A new life force based on compassionate love is growing and carrying us into the awakening of our unified heart. The unified heart creates the infinite-possibilities-reality that transcends the limiting belief structures of duality so that abundance, love and unity are not dependent on their opposite. Abundance is. Love is. Unity is. It is from this humanitarian and Earthly leap that a new creation pattern is emerging. It is the creation pattern of unity consciousness. Without a doubt, there is new physicality for us to learn about unity

consciousness. From our new biology to our new understanding of the galactic universe, we have a lot to discover about unity consciousness. Yet, we do have a starting point for our new truth: the divine substance of our unified heart.

We are activating within our heart four codes, or foundational structures, that are the basis of love, light, power and wisdom. They are the foundation of the alchemical process of creation--the very active principles of Genesis. In our hearts, we hold the Genesis pattern, and as evolved, infinite beings we can create a unified Earth and become the New Humanity. You may recognize some of these heart codes as they can be found in our religions and spiritual teachings on consciousness and God¹. What is new is that these heart codes are waking up in symmetry—one is activating the other until all four codes are alive within our heart. As they awaken, we anchor unity consciousness into our body and our creation of reality. Up until this point in our known human history, few have been able to access one or two of these codes consistently. Accessing them all is profound. What we are embarking on is miraculous: All of humanity becoming rooted in compassion as the source for creating reality.

Introduction to the Unified Heart

Love. Love is. It is our universal connection to one another. It is the fuel of your creative being. It *is* the spark that catalyzes us into the unity of the unified heart. Dormant in your heart is the seed for your completion to the cycle of duality: the twin flame of the heart. The twin flame is the unification of the divine feminine and masculine energies within. When awakened, the twin flame dances from your heart space to reveal to you your inner heart's desire and the outer possibilities. Your manifestations are the unity of the divine masculine and feminine energies. Becoming whole within is the basis of this code. Rather than seeking to fulfill needs and desires from without, you discover a new way of creating—your inner twin flame.

The divine feminine and masculine energies are the essences, or aspects, of the whole of our Earth and Cosmos (they are not masculine and feminine with respect to social constructs of gender roles; a woman or a man may express any of these divine qualities regardless of sex).

¹ I use God and Creator interchangeably.

The divine feminine is the Great Mother. She is the inner world of our dreams and desires. She is the night blooming flower that opens at night and closes at the first rays of dawn. She receives and gives love in the form of beauty and compassion. The divine feminine nurtures the seeds of the world from babies to all relationships. Through her all new life is born from compassion. The divine masculine is the Great Father. He grows life with his sharp solar glare. He is the new shoot that pierces the Earth at the break of dawn. He sees and manifests possibility. The divine masculine energy is unstoppable. Through him all creation is the result of the ‘push’ for more possibility.

When unified the divine masculine and feminine pulsate in a spiral-like fashion with the feminine energy receiving and the masculine giving. There is a porous boundary where these energies merge allowing for connection, giving and receiving, creating and manifesting—all in-sync. The divine masculine and feminine energies unify and create a super intelligence that catalyzes greatness instantly. What comes to form is neither masculine nor feminine in nature; it is divine light structured in perfect harmony.

In duality, most often with little success, we seek means (e.g., relationships, material things, careers, titles) outside of ourselves to experience and harmonize the masculine and feminine energies within. It is now possible to know the unification of the divine masculine and feminine through your own inner sanctuary. It is the liberation from chasing balance from without that leads to a new soul partnership, which includes relationships of all kinds, including with ourselves. The new soul partnership is not consumed by attracting balance. It is balanced from within. The individual and collective relief of achieving balance without struggle allows for real choice to enter your reality. You can focus on your heart’s desire without the distraction of fulfilling lack.

Through the twin flame within you, the divine feminine qualities of compassion meet with the masculine impulse to expand possibility. The result is the actualization of compassion streaming from your heart as the source for creation. Realized compassion is love, absent of need or want, expressing itself into the physical world. You embody the highest vibration of the Creator’s love possible. Through this experience you come to feel that your heart is the same as all hearts. Universal love—love that is unconditional, always giving and available in abundant

supply—is the basis of all interactions and human creations. Your embodiment of universal love grounds the Christ Consciousness and Buddha compassion into the planet.

This transformation from lack to universal love is the dance into unity consciousness. The harmonious energy of the twin flame pours out from its sleeping place in the heart and blankets you with unity consciousness. It is through unity consciousness, knowing your connection to the whole, that you can experience the highest love available in a physical body. And it is from this love that you create and manifest out of the heart of compassion—your connection to all people and all things. The Creator’s reality of beauty, peace, abundance, love, and joy blanket your perception and create a new visible reality that dissolves duality and *the separation of the heart*. The twin flame becomes your new life force working in unison with universal, unconditional love. Joyful creation unfolds from this beautiful metamorphosis.

Light. “God said, ‘Let there be light.’ And there was light.”² Out of love, the light of consciousness is birthed. You become aware of love, aware of the Self as an expression of the larger whole. Your light is your soul essence—perfect and unique to your birth, the creation of your soul. Since the time of your soul's birth, you danced in the light of who you are. Your creations become your unique unfolding. They are your unique flowering into the plane of existence. Each flower is unique, but together they form the whole garden. In the garden we remember and reflect the light from which we originated.

Your soul is the light essence and energy vibration that expresses the unique journey your soul is having. Your inner essence is also your external blossom—the gift that you came here to give from which you give and receive love and experience the joy of being. The process of unfolding into unity consciousness is about waking up to the soul essence’s desire. To express your soul essence is to make real what is real within. Ultimately, your soul essence desires to blossom into a flower. It is so simple: to be a flower.

Flowers are both perfect and impermanent. The soul comes into your body to experience the flowering of impermanent perfection. In flowering, you experience fullness and, then, emptiness again as you spontaneously flash into greatness that will shortly dissolve into nothingness. In unity, you return to and rebirth from the space that holds eternal love as a timeless expression of the Self as soul essence. How is this different from the duality experience

² Genesis 1.3.

you might ask? In unity, you *are* soul essence; you *are* the experience; you *are* the creation. In short, you are the totality of experience. Even more exciting is that with the love of the twin flame you have the tools for powerful expression that neither diminishes nor embellishes. Soul essence in manifested form attracts others' essence to dance in unison. It is it from this unified dance that you manifest a world of one heart for our soul essences' are joined together again as they were in the beginning of creation.

Your dreams become reality as you open yourself to live your soul essence and join with others who are also engaging in the unity of the heart. Your personal resonance, which is your soul essence, incarnates into the Now, and it reaches, expands, and attracts the soul essence of others. As this occurs, you create new fields of experience, inventions, innovations, communications, spheres of mutual exchange—all structured in the glow of the divine masculine and feminine energies of loving compassion. Imagine the network of linkages, the spherical means of communication, and the physical embodiments of creation that are possible out of compassion expressing itself!

Inside you are massive incarnates of creation. What required a team of hundreds of engineers, social innovators, specialists of all kinds, money, equipment, and lots and lots of time are now birthed with precision and ease as unity consciousness, through your soul essence, accesses all-that-is to manifest. Precision, ease, grace, and molded to perfect form are the new qualities of your human creations. You, as your soul essence, *are* the design. You are one with nature as she creates. You manifest through the impulse of the perfect design of your nature. You begin to see that you are the perfect aspect of the whole. Your soul essence links in through the physical body and expression. Your expressions call in others' expressions and the alchemical process of creation takes hold. Your aliveness exudes from the heart resulting in more aliveness--linking heart-to-heart and essence-to-essence.

Power. I AM. I AM. I AM. The vibration of AUM is your "I AM"; it is also the syntony of the universal One. We are one with all and one with the Creator force. High within our heart is the universal space of creation--it is the universe and you are the universe. The power of infinite possibilities lies in your high heart space like a constantly falling waterfall--never ending and always available. The Creator's fuel runs through this space of universal time, space and reality

calling you into the joyful dance of creation. Zero-point, the neutral One, the Void, the womb of creation...many names with one purpose: the power to create universes from the unified heart.

In unity consciousness, the creation pattern is powered by the Creator streaming through you. This God source is like a well-spring flowing through the center of your heart. The “waterfall room”, as I heard it described, is that ever-lasting, infinite source of God within you. It is through your connection to the universal One, the “I AM” vibration, that you receive the ability to transmit miracles through your heart. This is the co-creation process. As your soul essence lights up your light is met with the rocket fuel of God source energy. Powered by the constant impulse to create and expand the universal consciousness of all-that-is you are funded all of the energy needed to manifest your heart’s desire. It is from the power of the heart to connect with God that you learn that manifestation is an effortless, non-doing action.

As you create, in coordination with the power within you, you are cooperating with the power held by each of us. It is this process of co-creation that connects us all to one another—creating pockets of harmony and resonance from which we are One.

Wisdom. The spiral of knowing. Destiny is written in our hearts, I heard as I received this download. Like the spiraling stones of a labyrinth, your destiny spirals out from your heart as your truth. It is your guidance; it is your knowingness; it is your genius; it is your future. The wisdom codes are timed to your unique evolutionary unfolding. Consider your stepping stones? What has been the lantern that lit up each step? Each is a clue to your path and your wisdom for humanity.

In your soul’s journey, you have collected vibrations of experience. As you move from duality to the unity experience your original form awakens. You remember who you are: the Master of light, the Knower of the universe, the Poet of the divine, the Beauty of the cosmos...the Truth of existence. In your original form, you become a perfectly designed being of seamless knowing. What you do not know comes easily as you connect to higher planes of knowing. What is important speaks to you clearly, even from the very the cells of your body.

As the unified heart awakens this spiral of knowing awakens. It beckons to you--whispering that which you have always known. In the final leap to unity consciousness, it is the wisdom that shows you the way. Wisdom manifests as truth, demonstrating to you the knowledge of unity consciousness. It is through your tested faith that the unified heart, in all its

glory, is revealed. For it is trust, gained through discovered truth, that commits you fully to living in the unified heart.

The Journey to the Unified Heart

Unlocking the synergy of the unified heart is not a mechanical process. While expressions of one aspect may lead to another, there is no “way” to get there. In fact, the only way is to release the idea of getting there. Once you release the idea of “how” to get there you can allow for your inner knowing to lead you. Each of us is given a lamp post, most often one at a time, which lights our journey. In fact, these lamp posts are given to you by your soul essence. So, when you come across them perhaps you will feel the love of your soul for you. Feeling this love opens the doorway to your unified heart. Then, *being* with these truths will awaken in your heart that which you already know to be true.